## [400cp] Level Up

Do you want the power that a Spirit can bring you, but don't want to work in tandem with them? Then, you may appreciate this special power.

You have now gained the ability to consume Spirits, as well as beings of a similar nature, in order to gain power. To do so, the Spirit or entity must not be hiding inside a vessel.

This consumption offers you three benefits. First, it acts as a substitute for combat training, or it can grant you "experience" for any kind of levelling system you possess (provided you possess one in the first place). This decision is made by you on consumption. The more powerful the Spirit or entity you consume, the greater the effect, however, this boon will not be able to improve you beyond any limit you could otherwise train to.

Second, consuming these entities will provide you an additional increase in power. This is split between additional offensive and defensive power. Depending on the kind of Spirit or entity you consume, this overall power boost will "skew" in different ways (i.e. more offensive, more defensive, balanced, etc.). There is a limit to the overall boost you receive, which you can build up to by eating many weaker entities, or reach immediately by eating the equivalent of a fully trained Legend-class spirit. Once you have reached this cap, continuing to consume Spirits will allow you to adjust the skew of this power boost.

Third, if the Spirit or entity has the ability to provide a special advantage to someone whilst it is possessing or controlling them, you gain this skill as a standalone power you can access on your own. You can only keep three such skills gained in this way; attempting to gain a new one will cause an existing one to be lost.

You have a strong intuition that allows you to predict how a given Spirit or entity will influence you via the second and third boon described above, and can choose not to receive any of the three benefits when eating one – helpful if you already have a power boost skew or set of skills you are happy with. Additionally, if you have some method of eating these kind of entities outside of this perk, you can reap the benefits of this perk through that method, allowing you to get the advantages from both methods of consumptions at once.